



## Donations, Talented Students and Faculty Support Healing in Yelapa

Under the direction of Dr. Leslie Korn the new Traditional Medicine Clinic at Xipe Totec Learning Retreat in Yelapa opened in January. *La Clinica Naturista*, as it is known in the village, offers healing treatments and natural local herbal medicines gathered from the jungle and the mountains for a wide-range of ailments. Healers treated 36 people (a total of 252 patient hours) in the first three months, ranging in age from 18 months (asthma) to 83 years (inguinal hernia). Healers successfully treated children and adults with asthma, musculoskeletal injuries (falls off horses, falls onto cactus spines) and increasingly we are seeing high numbers of people with the diseases associated with development: poor nutrition due to refined foods, high levels of diabetes, injuries from arguments and the stress, trauma and high blood pressure resulting from rapid change. The conditions bringing about these changes are difficult to see, but their effect on the men, women and children of the village can be seen in the need for healing.

Your contributions last year made it possible to treat 30 patients at very low cost and 6 children for free. (Donations continued on page 4)

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## DeLaCruz Appointed to Tallakson Chair

Joseph B. DeLaCruz, president for thirty years of the Quinault Indian Nation and renowned world leader, has been named to the **Joe Tallakson Chair for Public Policy**. His appointment was officially made by a unanimous vote of the CWIS Board of Directors at its annual meeting. President DeLaCruz served as the political leader of the Quinault people and he distinguished himself as a two-term president of the National Congress of American Indians and he served as a former president of the National Tribal Chairman's Association. President DeLaCruz was the Co-chair of the Council on Tribal-State Relations, the North American Del-

egate to the World Council of Indigenous Peoples Executive Committee and the Co-chair of the Northwest Renewable Resources Center.

The Joe Tallakson Chair for Public Policy was authorized by the CWIS Board of Directors in 1996 and remained vacant while a search was undertaken to identify candidates to fill the post. Mr. Tallakson had served as a member of the CWIS Founding Board for twelve years before his untimely passing in 1995. A vigorous advocate of Indian Affairs policies in his work with the House and Senate of the United States Congress for more than twenty years, Mr. Tallakson was

(DeLaCruz continued on page 4)

## Xipe Totec Learning Retreat, Term 98 Opening

by Leslie Korn, Ph.D.  
Director of Education

With the tropical winter came interns, students and faculty to study Health, Healing, Fourth World Studies and Environmental Studies at Xipe Totec, the CWIS Learning Retreat and Traditional (Retreat continued on page 3)

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## Donors visit Casa Xipe Totec

Jill Charney, LICSW, Chair of the CWIS Benefit Committee of Boston visited with her family in February to learn first-hand about work at Xipe Totec.

Laurel Gonsalves, M.B.A., A non-profit business consultant in New York, and a long-time supporter of the Center for Traditional Medicine who does *pro bono* work for CWIS made her annual visit in February.

Richard Korn, recently retired Executive Vice President of the Center for Blood Research at Harvard Medical School, visited Casa Xipe Totec and spent a week at the Retreat meeting with local villagers. Mr. Korn has agreed to take on consulting responsibilities that include non-profit management and marketing CWIS

(Visitors continued on page 2)

**Author and Publisher  
Donate part of profits  
from "Simply Living"**

Shirley Jones, author and editor of numerous books, committed part of the profits from the sale of her book "Simply Living" as a contribution to the work of the Center for World Indigenous Studies in 1999. Ms. Jones said, "I discovered the Center on the World Wide Web while doing research for my book, and after seeing the important work the Center is doing decided there and then to contribute part of my earnings from my book." Marc Allen, owner of New World Publishing in Novato, California is publishing Ms. Jones' book. He decided to contribute part of the publisher's earnings from "Simply Living" to the Center for World Indigenous Studies too. "Simply Living," is a collection of ideas, knowledge and beliefs reflected in quotes from indigenous people all over the world. Ms. Jones characterized her book as a collection of Indigenous Wisdom. The book is due to be released and made available through major bookstores like *Barnes and Noble* in 1999.

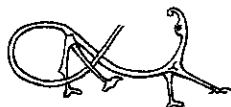
**Scheduled Seminars in the  
U.S. October 23-29, 1998  
Fourth World Nations and the  
Nuclear Cloud**

Hosted by Heritage College in Toppenish, Washington in the Yakama Nation. Includes a tour of Hanford Nuclear site and instruction by Russell Jim, head of the Yakama Environmental Restoration project and Dr. William Chambers of Los Alamos Laboratories. Yakama is beautiful in October. Enroll Now!  
Contact: CWIS 781-643-1918

**Women's Traditional Medicine  
Project Clothing Drive**

We wish to thank the following people who generously donated clothing and supplies to the women's traditional medicine group in the mountains. Three times this year, Doña Alisia and Dr. Leslie Korn traveled 6 hours round trip over mountainous roads to meet with women and deliver much needed clothing for women and children:

- ◆ **Brooke Beazley & Phil Hallstein, CA**
- ◆ **Pam Zimmerman & Jerry Waxman, CA**
- ◆ **Jill Charney & Mark Golden, MA**
- ◆ **Lizanne Pastore, CA**
- ◆ **Laura Lynn Jansen, CA**



**Traditional Medicine Students  
Making a difference**

Lizanne Pastore, a Registered Physical Therapist, donated her free-time during the *TerraSoma* seminar to treat people in the clinic. One of her patients, a 14 year-old girl with asthma is now symptom free! Lizanne is now completing her MA degree in *Somatics* in San Francisco, CA. She will return for a month long internship in 1999 to conduct research and work in the clinic. Laura Armstrong Goss, a seminar student, donated her Polarity Therapy skills to the treatment of an 83 year old man in the village suffering from a hernia.

**Pharmacy Plans**

*La Clinica* received permission from the municipal government to open a natural medicine pharmacy and already we have been gathering and preparing plant extracts and oils. Our

**Visitors** *continued from page 1*

educational programs to universities in the New England area.

Special thanks to Executive Contributors Adele Behar of Sarasota, Florida, and Eve & Michael Maisonpierre of Boulder, CO., and Richard & Barbara Korn of Newton, MA. Their generous contributions supported *La Clinica*, scholarships and improved CWIS telecommunications from the jungle.

Faculty member Elizabeth Wagner donated her travel costs and a month of full-time teaching and clinical work. Faculty Dr. Marjorie Bell-Chambers and Dr. Bill Chambers of Los Alamos, New Mexico donated their travel costs, a week of teaching and a generous contribution for Scholarships

Dr. Melissa Farley of San Francisco, Faculty in Womens' Health and Traumatology made her third visit to Xipe Totec at her own expense to continue developing the seminar she and Dr. Leslie Korn teach on *Secondary Trauma*. Dr. Farley, who joined the CWIS group and presented at the University of Dublin in August 1997 has been conducting ground breaking research on the physical and mental effects of prostitution among women in the U.S, Africa and Thailand.



methods combine the best of local traditions and plants with pharmaceutical knowledge about preparation and dosage. This Spring we made *Arnica* and *Calendula* oil for musculoskeletal injuries and have made alcohol extracts of *Rue* (used for headaches and pain) and *Valerian* (a nervine, for relaxation). Our goal in addition to treatment is to support the women and men of the village in their knowledge.

**New Assistant Executive Director,  
Deanna Notaro Joins CWIS**

Deanna L. Notaro, of Minneapolis, Minnesota, joins U.S.-based staff in Olympia as Assistant Executive Director. Formerly at the Institute for Agriculture and Trade Policy and the Mississippi River Basin Alliance, she brings strong organizational and programatic skills to her new position. Ms. Notaro is finishing her MA degree in Politics and Women's Studies. An avid traveler and biking enthusiast, she is also finishing her thesis amid her activities. When you call our offices in Olympia, please make sure you ask for her if you need a question answered.

**Three to CWIS Board of Directors****Tamara Broadhead.**

Ms. Broadhead is co-owner of the Mercury Group, a political advertising

**New Staff and Board members join CWIS**

firm based in Seattle. A graphic artist and layout specialist, Ms. Broadhead brings an aesthetic knowledge as well as activism to the Board of Directors. A long-time resident of Seattle, she and her husband Carl live in the Fremont district.

**A. Rodney Bobbiwash**

Mr. Bobbiwash is an Anishinabe now serving as the Director of the Native Canadian Centre of Toronto, a post equivalent to "mayor" of the 60,000 Anishinabe living in and around Toronto. He teaches "native culture" at the University of Toronto and is a member of the Center for World Indigenous Studies Fourth World Institute faculty. Before assuming his responsibilities at the Native Canadian

Centre Mr. Bobbiwash had served as the First Nations House, the Indian students' center at the University of Toronto.

**John Burrows, III.**

Mr. Burrows is a former Executive Director and Project Director of the Center for World Indigenous Studies Fourth World Documentation Project. A graduate of Evergreen State College Mr. Burrows became a participant in CWIS activities as a volunteer after receiving his degree in Indian Studies. Through his work on the Fourth World Documentation Project he developed extensive knowledge about international indigenous affairs and has worked to give CWIS a strong presence on the World Wide Web.

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**CWIS Seminars in Canada**

Dr. Rudolph Ryser and Rodney Bobbiwash CWIS board member and director of the Native Canadian Centre of Tronto taught a weekend seminar in Toronto Canada in June entitled: "Collapsing States and Reemerging Nations. Attended by 14 First Nations students, the seminar focused on teaching skills to resolve conflicts between states and nations over access and use of natural resources. Canadian government office of Indian Affairs donated \$5000.00 (CAN) in scholarships and placed CWIS courses on the "approved" list to receive government support when offering similar seminars to First Nations throughout Canada..

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**(Retreat** continued from page 1)

Medicine Clinic in Yelapa, Mexico. Students participated in Traditional Medicine Seminars, Fourth World Studies and Interdisciplinary Studies. While most of the students traveled to the Xipe Totec in Mexico, some seminars were taken to the students in the United States and Canada as well.

Fourth World Institute (FWI) and Center for Traditional Medicine (CTM) faculty taught seminars and healers gave treatments in the Clinic throughout the term. Professional Development seminars and tutorials scheduled over the six months offered students and faculty from Mexico, the United States and Canada intensive yet relaxed learning experiences.

Elizabeth Wagner, 75 years, who is on the CTM faculty from Orinda, California spent the month of January teaching and giving healing treatments to patients visiting the Clinic. A young man from the village she treated had fallen on a cactus spine and damaged his knee. After one session with Elizabeth he was much improved. Two weeks later he sent his friend to the Clinic after hurting his back when he fell off his horse. A few days later, the young man with the now

healed knee sent a teen aged boy to the Clinic who had torn his ligaments while playing soccer. When Elizabeth wasn't teaching or treating villagers, she applied her expert hands to pruning the lush Xipe Totec garden and baking cookies! It was truly a delight and inspiration to have Elizabeth giving her wisdom and healing powers. We look forward to her return in the next term.

*CWIS NOTES* is published periodically by the Center for World Indigenous Studies, 1001 Cooper Point Road SW 140-214, Olympia, Washington, USA 360-754-1990. © CWIS 1998 All rights reserved.

**The Squaxin Island Tribe provides cost-free the Center for World Indigenous Studies offices in Olympia, Washington.**



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## **Donations** *(continued from page 1)*

Advanced Healing Arts and Sciences student Ms. Cathy Mulica, Doña Alisia Arraisa, our resident herbalist faculty, and Dr. Leslie Korn traveled three hours into the mountains to visit two traditional villages. They were visiting Doña Alisia's childhood home and family. This rigorous six-hour round-trip adventure over narrow mountain, dirt roads brought us many rewards. In *Llano Grande* and *Tapuleque* the group met with women of the CTM Women's Traditional Medicine Project. They ate fire-cooked frijoles (beans), tortillas, fresh salsa and assorted herbs and plants. "I am always amazed at the unflinching generosity of people who have little in the way of food yet abundance of heart," said Dr. Korn.

Along the way Dr. Korn was asked to treat Jovita, a 73 year-old woman who had severe arthritic knee pain. As a result of giving her this first treatment Dr. Korn invited Jovita to *La Clinica Naturista* for more treatments.

Jovita arrived in Yelapa to stay in the village for the several weeks necessary to achieve full treatment. After only six treatments and a successful exercise regimen Jovita pronounced herself cured and Dr. Korn concurred. With a grand smile she returned to her home in the mountains. Her daughter says that Jovita remains pain-free six months later.

Your contributions paid for her 7 treatments. Jovita also contributed \$100 pesos or \$12.00—the equivalent of 1.5 days wage in this part of the Fourth World.

# **Environmental education for adults and children at Xipe Totec**

So many visitors come to see Casa Xipe Totec and the gardens that in 1999 we will be opening our botanical gardens to visitors to educate people about the diversity of flora and fauna in the Mexican jungle. In the winter of 1998 we counted over 30 kinds of birds at our natural sanctuary. The lagoon in front of Xipe Totec is the birth place of fish, crabs and three species of frogs and toads and water insects. The nature preserve and botanical gardens have become a major focus for education and support for biological diversity, traditional knowledge and culture.

In 1999 Alexandra Ponnette, a student intern from Switzerland will join the CWIS staff. She will help develop and write English and Spanish materials that will support the environmental program. The program for children will use the arts and music to teach children about ecology and kindness to animals and the earth.

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## **Biodiversity Law Critiqued**

Dr. Ryser was one of 36 indigenous people from North America invited by the North American Indigenous Peoples Biodiversity Project to a preparatory meeting in San Francisco. The meeting was designed to form a Contact Group for future discussions on the subject of biodiversity.

CWIS Chair, Dr. Rudolph Ryser critiqued the Convention on Biodiversity in meetings with US State Department. At meetings in Albuquerque, Olympia, and Washington, DC he urged the United States government to open negotiations of treaties with Indian nations to avoid future conflicts over the "sharing of benefits" from the biodiversity and cultural diversity of indigenous nations.

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## **DeLaCruz** *continued from page 1*

well known and highly regarded for his ability to work out legislative and regulatory policies in the Congress that won wide support across party lines. President DeLaCruz is equally renowned for his legislative skills and ability to build broad popular consensus. The stature of these two men brings honor to the Center for World Indigenous Studies.

President DeLaCruz is the second person to hold a chair of distinction at the Center for World Indigenous Studies. Ms. Rosalee Tizya, a member of the Vandu Kuchin and a member of the CWIS Board of Directors was reappointed for a four-year term as the Chief George Manuel Chair for Fourth World Politics in 1995.

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## **Kowlitchk IllaHee Mapping project**

Under the direction of Greg LaDue Grove, member of the Cowlitz Indian Tribe, the Kowlitchk IllaHee Mapping Project is documenting traditional tribal lands in southwest Washington State. Cowlitz traditional tribal lands include the Gifford Pinchot Forest—the last major old-growth forest in the United States, the Cowlitz River and Mount St. Helens. University of California Berkeley Department of Geography donated the time of five graduate students and their research laboratories to assist in the project. "Contributions are welcome!" said Grove.